



Lady and Chef

the our philosophy

smile☺☺☺
 sensibility
 solidarity
 sincerity
 seduction
 simplicity
This are our shape
of ideal communication

Call it how you want: Gos, Brahman, Tao, Shinto, Zen... the universal energy is the origin of human existence...we absorb it and generate constantly.



We love to think that this same "energy" comes in a particular place that we call "the heart of the house" in Italian we call it "focolare", the kitchen.

The "focolare", where every person, family and friends meet up, to share convivial moments, feed themselves on healthy food and on the energy of the group in a mutual exchange of experiences, feelings and emotions.

We live in the Province of Friuli next to the attractive sources of the river Livenza with its crystalline water, it helps us to renew our energy every day. Its thanks to this wonderful place that we live in everyday that we manage to cultivate our passion: cooking! We are attached to our land and most of all, to our culinary traditions!



To us, Cooking is magic! The symphony of flavors and fragrances that enhances and add value to each other, elements that stray momentarily in our mouths and stimulates our five senses! Not only does it nourish our stomach, but it also nourishes our heart and soul..."We eat first, and we feel after".

In our hearts, children have an important place. We dedicate to them a lot of our energy, both as mothers and as a "Lady and Chef". Bringing children to our kitchen in a fun way, to give them the possibility of a future in which the "hearth" of the home (focolare) finds a place in the lives of their families, we want to perpetuate our traditions and transmit it to our children. "biscottiamo insieme" is the initiative, began in its eighth edition, from which were born the books "More pastry less internet" fully illustrated by children for children! and "A tea for you".

